

# MCUE NEWSLETTER 29 AUGUST 2020



# MCUE VS LEETON



## PARTICIPANTS & SPECTATORS VENUE GUIDELINES



Download the COVIDSafe App



Stay up to date with the latest NSW Government COVID-19 information



Do not attend if you are sick or have flu-like symptoms



Arrive, play, leave



Maintain physical distancing at canteens and BBQs



Spectators to maintain 1.5m physical distancing



Wash or sanitise your hands regularly



Changerooms for players, officials and essential staff only



Avoid touching your eyes, mouth and nose



Clean and wipe down all communal equipment



Do not share drink bottles or food



Exit the facility promptly once finished



#### **VENUE CONDITIONS OF ENTRY**

Please scan this QR code for entry. You are strongly encouraged to complete this process to ensure we are providing a safe environment for our sporting community.



#### **HOW TO CHECK IN:**

With your mobile device, open the built-in camera. Point the camera at the QR code and wait for it to recognise the QR code

2

Once the link has loaded, fill out the fields and follow the on-screen prompts to finish the form.

#### Do not enter the ground, amenities or playing area if you:

- have visited Victoria in the last 14 days
- have attended any of the locations on the 'Self-Isolate and Get Tested' list (during the dates and times listed) on this NSW Health Website https://www.nsw.gov.au/covid-19/latest-news-and-updates
- have had close contact (defined as either face-to-face contact for more than 15 minutes cumulative over the course of a week, or shared a closed space i.e. waiting room, classroom for more than two hours) with someone known to have COVID-19, while that person was or may have been infectious, including in the 48 hours before their symptoms started
- or if you have any cold or flu-like symptoms
- Maintain 1.5m distance from others at all times
- Ensure the maximum capacity of areas within the facility are adhered to ie 1 person per 4m2
- Wash your hands with soap and/or sanitise your hands regularly
- Get in, Play, Get out
- Download the COVIDSafe App



## PRESIDENT'S REPORT

G'day to all my fellow possum eaters, well just like that we find ourselves at our last home and away

game for season 2020. Who would've thought we'd make it this far hey? I just want to thank AFL Riverina in particular, Marc Geppert, Michael Irons and Tom Walker for giving us this opportunity even with all the doubters having their two bobs worth, you continued to work on providing a possible season for us.

Today we head across to take on the crows, weather is predicted to be beautiful weather. I wonder who will be sitting back wishing they were involved, I've said it before and I'll say it time and time again "how bloody good is footy! A massive Thank you to my fellow committee members and coaching staff for the work you have done this season under such unique and challenging circumstances. I take my hats off to you guys and it makes it easier leading when you have a brilliant, enthusiastic team supporting you, it hasn't been easy but we are nearly through the home and away season.

To quote one of our fine sponsors whilst I was having a whinge about something minor "small price to play, everyone should just be grateful to be given this opportunity to play sport" it really struck a string with me and if you are at the footy and you get a cold pie and a hot drink, before you turn negative just take a deep breath and be grateful for the opportunity to be there. A few mullets will be on display next month for mental health awareness!! Calling any players, supporters, sponsors to join my team or make their own and get the mullets flapping around for a great cause!! Good luck to all our teams today, enjoy the glorious day and be grateful. I certainly am!! Up the possum eaters!!!

- Jesse





# A GRADE REPORT

A Grade Report

Our A grade side had a comprehensive 43 goal win against Ganmain on the weekend with different combinations showing strength in our versatile team.The girls enjoyed the protection of the new Ganmain undercover court on what otherwise would have made for more erratic, challenging conditions on the cold winter's day.

All players displayed high intensity quality netball with a focus on executing the basics on an individual level, consistently. This allows the team to reap the rewards collectively and provides ample opportunity for our awesome attack to apply scoreboard pressure.

Highlights included dominant performances in opposing positions Vashti Muller (GD) and Sophie Fawns (GA). Our feeding combination of Mikaela Cole (WA), and Phoebe Wallace (C), showed great skill, cohesion and patience in feeding our shooters who rewarded the team well.

We look forward to our last round game in Leeton this week and wish all MCUE teams best of luck in the finals series to follow.

Muz



#### A RESERVE REPORT



Last round game of the season.

\It's flown through so quickly! A reserve had another win, however, ganmain certainly didn't make it easy for us. They clawed back in the second quarter to be within 3 goals of our team. A reserve then picked up their game and came away with a win 56-34. It was an awesome defensive game for our team in the circle. Tracy came away winning the Stephen Lawrence construction mug and Maddie won the Intersport voucher. These girls solidified their partnership in this game and worked super hard on positioning themselves early, resulting in many tips, rebounds and intercepts. Congratulations to both girls.

Good luck to all mango teams in their last round game of the season. Fingers crossed this leads to finals for many of our teams.

# FARMERS



#### B GRADE REPORT

For round 5, B Grade's team included - Steph Dew (Captain)(WD, C, WA), Madie Blackburn (WA,C, WD), Lakin Hanigan (C, WA), Molly Matthews (GS), Eliza Smith (GK, GD), Sarah Meyers (GA) and Jess Meyers (GD) and Liz Wooden (GK, GD) and Sara Langfield (WD).

This was one of our toughest and most physical games so far. I must admit we did not play our best game as a team and just couldn't execute our basics; our passing was off, and we just didn't have the determination like the past weeks. We went in expecting it to be an easy win and it turned out to be one of the harder ones. I was very impressed at these girls as they did not give up and kept pushing and fighting till the end. At quarter times and half time, I would tell these girls what jobs they had to do and all of them listened and performed on the court.

Our shooters Molly and Sarah had a tough match up against Ganmain's tall and physical defenders, these two held their own but did it with discipline. Once again, these girls shot very very well. Our center court trio Madie, Lakin and Steph welcomed Sara for a quarter, all 4 of these girls guided and controlled the flow of the ball moving it down the court into our shooting end gracefully. If the ball was getting rushed, I could rely on these girls to settle and slow down the pace of the ball and gain back control. I rotated our defenders Liz, Eliza and Jess a lot throughout this game and these girls adapted amazingly, and when they were put in a new position it wouldn't take them long to adapt and then get their jobs done. Our defenders crowded space, force turnovers and block out their players for rebounds superbly.

- Maddie

C GRADE REPORT



What a great weekend, besides the weather. I am so proud of my girls effort this week winning 37-11 the girls smashed it out of the park all putting in 100% effort. The team consisted of Jemma (GS), Sara (GA), Elise (GA,GS,C), Hannah (C), Ebony (WA), Emily (GK,WD,WA) Samantha (WD), Georgie (GK) and Sophie (GD). With these positions I found it really hard to choose who to give the awards too as they all did so well with tight defence, amazing shooting and attacking skills. But it came down two people who help direct the flow of the game. Samantha taking the mug home and Sophie the voucher. The two girls worked together using their defensive skills to stop the opposition getting the ball down their end, along with great intercepts and passing down the court to our attacks and helping out within the centre third. This allowed C grade to get such a difference within the score.

This week again the girls will be training working in all areas with online fitness, and working through a fitness program I wrote out for them for the season along with team training seasons. I know the girls are ready for another great game and can only wait to see what they bring out on the court as a team. We are all crossing our fingers to make it into the finals and hoping for the best.

Good luck to the whole of Mango for the last game of the season this coming week I know as a club we can finish on a high.



Round 1 MCUE vs Leeton was our first Home Game for the 2020 Season! Check out the results below from our football and netball teams back on the 25th July 2020:

#### MCUE Round 1 vs Leeton:

Col Roberson, Dean Howard and Trent Cohalan presented gurnseys to our first gamers: Mitch Sykes, Jack Reynolds, Rhys Mooney, Kiera Shea and Zac Wienke!

NETBALL:

U17s won 38-33 Mug - Sophie Edmunds Intersport gift voucher - Georgia Johnson

C Grade won 29-24 Mug - Georgie Yates Intersport gift voucher - Sophie Anderson

B Grade won 47-32 Mug - Liz wooden Intersport voucher - MOLLY Matthews

A Res won 54-32 Mug - Alicia Johnson Intersport voucher - Lydia Grigg

A grade won 68-33 Mug - Ash Reynoldson Style Bar voucher - Rach Addison

FOOTBALL: 17.5's Lost 55 to 45 Brandon Fisher - Mug Jamie Mooney - Intersport voucher Jacob Ferguson - Wagga Meat Supply voucher

> Ressies Won: 7.8-50 to 3.7-25 Stu Carey - Mug Jacob Whitley - meat voucher Jameison Bouffler - sport voucher

1st Grade Lost: 8.11 59 to 6.8 44 Matt Collins - Mug Nick Colins - Intersport Voucher Zac Wiencke - Wagga Meat Supply

# FLASHBACK





#### FIRST GRADE REPORT

To The MCUE Faithful,

After a torrid week of weather we travelled to Ganmain ready to slug it out in whatever conditions were thrown at us. We had played well in the wet a couple of weeks earlier and selected a side that we felt was tailored for wet weather footy. The group had made alterations and the players had challenged themselves to be better after the loss to the Tigers so despite having a great deal of respect for our opponent we arrived confident of a good showing and that we would get the right result. Unfortunately for the second week in a row we had our colours lowered in the key areas of the game. We put forth another performance not reflective of what we stand. Our core behaviours were executed inconsistently at best and we lacked the courage to take the game on or stand up in the big moments. Save for a handful of players, not many of us won their position and we sat back and hoped it would happen rather than getting in and making it happen. Again, this was a game where we let our opponent and the game itself dictate to us rather than grabbing the game by the scruff of the neck and playing it on our terms.

In the last fortnight, we have not sat on our hands and hoped that with some luck things would turn around but rather we have been honest, challenged ourselves and taken the opportunity to learn from our failings. How can we get the game on our terms? What do we need to do when the momentum swings against us? What does it take to stand up in the big moments? How can we take the position of being the Alpha rather than accepting second spot? How do we reengage with our Core Behaviours? What does Mango footy look like and how do we start playing it again? These are all the questions we have asked, answered and then worked on. It hasn't shown yet but I do believe we are a better team for having suffered the last two defeats and put simply, I do believe we are ready to show that this coming weekend against Leeton – another side who ooze quality throughout their whole 21.

Of course, like every week, we had players that stood up when it counted. The issue on the weekend was that there was no where near enough of us doing this. Trent Castles was possibly the most influential player on the ground. His cameo stints in the ruck were something to behold as he threw his body in recklessly to try and spark the team. Nick Collins continued his amazing season and continuously shows himself to be on another level with his dash, composure and skill execution. Trent Cohalan was again terrific around the stoppages and rounded out a hattrick of 3 weeks in a row where he has been in our top 3 players. Zac Walgers volume of possession was huge and one gets the feel he is just about to take a game by the scruff and absolutely dominate it. Hunter Lloyd's body positioning was proactive and strong as he defended admirably all day whilst Ethan Schiller played a lone hand in attack with 3 goals.

A number of things can still unfold in what is left of this season but Blind Freddy can see that this weekend is a huge game for us. We can knock off the top dogs in Leeton, create momentum, build confidence and hit the finals ready to do significant damage or we can quietly disappear in to the back ground, limp into the finals or even worse miss out all together – I know what we as a group expect and it is well and truly the former.

I can't wait for this Saturday when we see the lads show what path they want to take.

See you at The Footy,

Regards Jeremy





#### R E S E R V E S R E P O R T

Was another tough day at the office for the Mighty Magoos this week. We came up against a team who was hungrier, more determined and downright played us all over the ground.

A few missed shots at goal certainly hurts but overall we were beaten by the better side on the day. With that in mind, lots of upsides to come out of it, and we as a team now know what is required of us if we want to win at the Big Dance. The first quarter was tight one, and had we kicked straight in front of goals (again) it could have been a different story. The game was hard fought throughout the middle and we had our opportunities but the wind was not our friend. We went into the first quarter break only down about a goal but we could have easily been in front by a couple. Second quarter saw Ganmain unfortunately push away from us. Jake Hindmarsh, AK and Mitch Scott, gave us everything they had through the middle but they were too strong and used the wind to their advantage. Not only that, but they couldn't seem to miss, where as we couldn't seem to buy one. Going into the half time break 1 goal 9 really hurt the spirits. However, to the boys credit we didn't roll over and let them run away with it. We came out in the third and really pushed them. We were finally able to snag one and that kept us within reach. As the game went on we started to show glimpses of our best, but credit to Ganmain and the way in which they play their ground so well, they showed us up. Fourth quarter we hung in there and did what we could, but the game was done. As a group we were genuinely disappointed with our performance, and have lots to work on moving forward. We know that we have to produce our best footy to be within a chance of winning it this year and it's not going to be handed to us on a silver platter.

Award winners on the day went to Jake 'The Snake' Hindmarsh (Mug). This bloke gave it everything this week. He was given an 'on the ball' role and didn't have a breather all game. He worked his backside off the entire game and gave us 100%.

The Intersport Voucher went Mitch Scott. Another tireless onballer who didn't take a step back all game. Broke line after line and was prepared to take the game on.

The Meat voucher this week went to Charlie 'Chuck man' Chambers. Chuck did a fantastic job on the wing and did such a good job, ended up having multiple shots on goal. Unfortunately wasn't able to snag one for us when it was needed, but that aside, Chuck played a great game and deserved the award.

Leeton at Leeton this weekend and it's bound to be another cracking day (dry weather, you beauty). They are another quality side and although we pipped them first round we will need to be at our best to beat them. Looking forward to the challenge that they will provide! We also want that top two spot!!

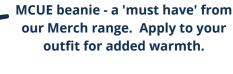
Good luck to all Mangoplah Football and Netball teams!

From your Mighty Magoos Leader,

Nat



# **MCUE** WITH ONE OF OUR MOST DEDICATED TRAINERS, GRIFFO **TRAINER FASHION**



Adapt Lacoste's piqué collar design to MCUE Trainer shirt. Wear 'up' in order to block the sun from one's neck skin.

Elite athletes attest that most sports are battlegrounds and cuts/turf burn are likely to occur. Wearing a sleeve can significantly help resist these types of injuries.

MCUE Vintage Merch: Hot pink shorts are adaptable to the latest trends, and they are also timeless classics that can become a staple of any outfit. Inquire within for previous seasons' MCUE merch

Compression tights -Graduated compression increases oxygen delivery to the muscles, improves blood circulation to the heart and speeds the removal of lactic acid. Should MCUE look at some for our Merch range? Let us know.

Football Boots - Provide adequate traction during first grade games where fast start/stop & during quick directional changes are imperative to getting Rowie's message out to the boys.

#### U 1 7 . 5 ' S R E P O R T

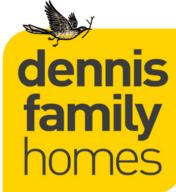


We travelled to Ganmain knowing that all our remaining games are elimination finals for us if we want to participate in the finals. Our boys put in a terrific four quarter effort to notch up our 2nd win. The boys took advantage of the conditions early & played some great attacking football to jump Ganmain from the start & we were up by 4 goals at Quarter time. The rain came & as the conditions deteriorated the match turned into a real contested game. Credit must to all our boys who all played their part, maintained fantastic pressure for the remainder of the game to outscore the Ganamin boys & come away with a well earned win. Luke Lawrence was sensational in the middle of the ground to win the mug, Bailey Hodgeson did a great job at fullback to win the Intersports voucher & Sam Emery was at his usual consistent best to win the Wagga Meat Supply voucher with Jamison Scott, Bailey Jones, Wilbur Maloney, Hunter Galvin & Josh Klempke rounding out the best players.

This week we take on Leeton on their own turf & it is another must win elimination final for us if we are to play finals. If the boys play with confidence, to the best of their ability with team orientated football we will come away with a win.

Go the Goannas

Darcy



#### AWARDS & RESULTS

MCUE Round 5 vs GGGM:

#### **NETBALL:**

U17s lost 30–36 Spilt Milk mug – Ellie Clarke Intersport voucher – Sophie Edmunds

C Grade won 37-11 Jesse Cunningham mug - Samantha Myers Intersport voucher - Sophie Anderson

B Grade won 38-31 Zac Jones Construction mug – Lakin Hanigan Intersport voucher – Steph Dew

A Res won 56-34 Stephen Lawrence Construction mug – Tracy Schulz-Cole Intersport voucher – Maddie McIntyre

A Grade won 66-23 Cole mug & Schillers Bedrock & Landscape Voucher - Vashti Muller Style Bar voucher - Sophie Fawns

#### FOOTBALL:

U17.5's Won 6.16 (52) to 3.3 (21) Luke Lawrence – Mug Bailey Hodgeson – Intersports voucher Sam Emery – Wagga Meat Supply voucher

Reserve Lost 3.11 (29) to 7.3 (45) James Langfield Mug – Jake Hindmarsh Intersport Voucher – Mitch Scott Wagga Meat Supply Voucher – CHarlie Chambers

First Lost 5.10 (40) to 10.15 (75) Bedrock Landscape Mug – Trent Castles Wagga Meat Supply Voucher – Nick Collins Intersport Voucher – Trent Cohalan

#### **DRAW**

#### 2020 GALLAGHER AFL RIVERINA CHAMPIONSHIP

25/07/20

MCUE vs Leeton (MCUE)

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01/08/20

MCUE vs Osborne (MCUE)

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08/08/20

Turvey Park vs MCUE (Maher Oval)

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15/08/20

MCUE vs Tigers (MCUE)

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22/08/20

GGGM vs MCUE (Ganmain)

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#### 29/08/20

Leeton vs MCUE (Leeton)



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